

## Physician Request for PET Imaging

DATE OF REFERRAL	REFERRING PHYSICIAN
SIGNATURE OF REFERRING PHYSICIAN (REQUIRED FOR EXAM)	

### PATIENT INFORMATION

NAME: LAST	FIRST	M	DATE OF BIRTH
SS#	HOME PHONE	WORK PHONE	
ADDRESS	CITY	STATE	ZIP
INSURANCE: PRIMARY	SECONDARY		
HEIGHT (INCHES)	<input type="checkbox"/> DIABETIC <input type="checkbox"/> CHF <input type="checkbox"/> COLOSTOMY BAG		
WEIGHT (LBS)			

Piper Street, Suite A

**CLINICAL REASON:**     PI- Initial Staging/Initial Treatment Strategy     PS- Restaging/Subsequent Treatment Strategy

- Standard PET/CT (Skull base to mid thigh) 78815                       Whole Body PET/CT (Skull to Feet/ i.e. Melanoma) 78816
- Sodium Fluoride Bone Scan (Whole Body) 78816                       Sodium Fluoride Bone Scan ( Limited) 78814
- PET/ CT Brain 78814

### CLINICAL INFORMATION

DIAGNOSIS/REASON FOR EXAM
ICD-9 CODE(S)

Medicare and other insurers require coding of specific/definitive diagnosis(es), sign(s) or symptom(s) to reflect the "medical necessity" for each test. **Rule Out, Possible, or Probable Conditions cannot be coded.** For Medicare Policy information see the Part B Bulletin or [www.noridian.com/medweb](http://www.noridian.com/medweb).

- Any Scans related to the PET                      Exam \_\_\_\_\_ Facility \_\_\_\_\_ Date \_\_\_\_\_
- Any Biopsies related to the PET                      Facility \_\_\_\_\_ Date \_\_\_\_\_
- Any Surgeries related to the PET                      Describe \_\_\_\_\_
- Any Treatments related to the PET
- Chemotherapy                      If YES, when was it completed? \_\_\_\_\_
- Radiation Therapy                      If YES, when was it completed? \_\_\_\_\_
- Other                      Specify \_\_\_\_\_
- Other clinical indications                      Describe \_\_\_\_\_

### REQUIRED DOCUMENTATION

Insurance coverage for PET scans is limited and must be pre-authorized by the patient's insurance carrier. This process will be coordinated by Imaging Associates.

Please assist us by faxing this form and the following items to 907-222-4651.

- Copy of insurance cards (both sides)
- Biopsy report and H&P or chart notes supporting medical necessity
- Reports from previous PET, CT, MRI, nuclear medicine, pathology, ultrasound, x-ray, etc., supporting primary diagnosis and medical necessity

## Patient Prep Instructions for Positron Emission Tomography (PET)

### POSITRON EMISSION TOMOGRAPHY (PET) PREP

- If you are having a PET scan on your bones or heart, there are no preparations prior to your scan.
- If you are having a PET Brain exam, the prep is high carbohydrates and low protein the day before the exam.

### The Day Before The Exam On All Other PET Exams

- Please follow the above dietary guidelines 24 hours prior to your appointment.
- Do not engage in strenuous exercise and do not chew tobacco or gum.
- Following a low carbohydrate diet is important!

#### Foods Allowed:

- All meats (unbreaded)
- Seafood (unbreaded)
- Eggs
- Tofu
- Unsweetened peanut butter
- Oil
- Butter
- Margarine
- Non-starchy vegetables (for example: green beans, broccoli, spinach, zucchini and lettuce)

#### Foods NOT Allowed:

- All cereals
- Grains and breads
- Pancakes
- Pastries
- Pasta
- Potatoes
- Corn
- Peas
- Rice
- Dry beans
- Sugars
- Candy
- Jams and jellies
- Berries
- Fruit
- Fruit juices
- Honey
- Syrup
- Milk
- Non-dairy milk
- Salad dressings
- Gravies
- All alcoholic beverages
- Any food with more than 5 grams of carbohydrates per serving listed on the label

### What To Expect The Day Of The Exam

Continue to drink plenty of water but **do not eat any food or drink coffee**. Do not smoke or chew tobacco or gum. Please take any regular medications with water **ONLY**. When you arrive you will check in at the front desk. A tech will then escort you to a quiet room to begin your study. At this time you will be injected with a radiotope and will be asked to relax quietly for approximately 1 hour. After this period, you will be moved to the scan room to complete the study. The scan is completed in segments and will take 45-90 minutes.

### Questions

Feel free to call us at 907-222-IMAGE with any questions you may have. You will also find general information on our website: [www.imagingak.com](http://www.imagingak.com)

